



MPFMC

PHYSIOTHERAPIST

PHYSIOTHERAPIST- VINAY

Vinay is a registered **physiotherapist** with over 17 years of experience helping people recover from injury, reduce pain, and move with confidence. He understands how pain and limited mobility can affect everyday life and independence.

Vinay provides personalised, patient-centred care to help with:

- Back & neck pain
- Post-surgery rehabilitation
- Muscle & joint injuries
- Chronic pain conditions
- Falls prevention & aged care support
- Disability & mobility concerns
- Manual therapy
- Dry needling
- Exercise & strengthening programs

With experience across hospitals, aged care, and home visits, he tailors treatment plans to suit each individual's needs.

His goal is to help patients feel stronger, move better, and return to the activities they enjoy.

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